



ACTIVIDAD DE FORMACIÓN ESPECÍFICA

Título	The study on parental phubbing
Persona/s responsable/s	Teresa I. Jiménez Gutiérrez
Ponente	Agata Blachnio
Tipo de actividad	Formación Específica
Formato (seminario, taller, curso, etc.)	Seminario
Plazas	Hasta completar aforo
Horas de duración	2 horas
Fechas y horario	19 de octubre de 2023, de 18.00h a 20.00h
Lugar	Sala de Juntas del Vicerrectorado, campus de Teruel. También a través del enlace meet: https://meet.google.com/ddm-bgfm-ctj
Contenidos	The main topic of the seminar concerns the psychology of new media, in particular behavioural addictions. I will review up-to-date research on phubbing as a psychological phenomenon. I will talk about research methods involved in investigating phubbing and discuss the advantages and limitations of the various research methods, too. I will mainly focus on diary-based methodology in the new media research. The results of my research will also be reported and I will focus on: (1) the influence of mothers' use of smartphones on children's delay of gratification and (2) the effectiveness of an educational intervention in parental phubbing. Also, directions for future studies will be presented.
Breve CV del ponente	Agata Błachnio, Professor (PhD with Habilitation) at the John Paul II Catholic University of Lublin, Head of Emotion and Motivation Psychology Department Academic work: Author of about 80 papers from Journal Citation Reports; The number of citations: Google Scholar: 4943 (14.09.2023), h-index – 36; Head of numerous grants (from National Center of Science (Poland) and Ministry of Health (Poland) and a main team member in 12 grants; The originator and founder of Laboratory Lab A&A; Ad hoc reviewer for numerous journals from JCR; expert and reviewer in the evaluation of grants (for Polish and Serbian Institutions)
Inscripción	https://forms.gle/FbTBoCiHkh3eM4kh7